



# ARL

ANIMAL RESCUE LEAGUE OF IOWA, INC.

## *Treat Recipes*

### **Shiny Coat Mash**

2qts. Oats

1pt. Linseed

Boil: for no less than three (3) Hours.

Mix sufficient bran to bring to proper consistency.

Cover.

Feed Cold.

If off feed, add a little salt and 1/2 pint molasses.

### **Hot Mash for Horses**

2 to 3 qts. Dry bran (large flat)

1c. molasses

2T. Salt

Boiling Water

Stir together bran and salt; drizzle molasses on top.

Add boiling water and stir until thoroughly damp.

Cover with burlap bag and steam.

Serve warm.

Steamed grain is easier to digest and is a great weekly treat for our equine friends.

### **Horse Treat**

2 Carrots, chopped

2 Apples, chopped

3T. molasses

1c. bran

Add hot water to bran to consistency of cooked cereal.

Add carrots, apples and molasses.

### **Horse Carrot Cake**

6c. sweet feed

4c. bran

2c. chopped carrots, or apples

1 1/4c. water

1c. molasses

Mix ingredients and press the batter into 2 cake pans or 1 tube pan.  
Bake at 350 (degrees F.) for 30 to 40 minutes for the cake pans and 1 hour for the tube pan.  
Serve at room temperature and garnish with carrot (or apple) slices.

### **Horse Treats**

1 1/4 cups rolled oats  
1 1/4 cups dry oats  
1/2 cup flax seed  
1 cup molasses  
1/2 cup flour  
1 Mashed apple

Turn on the oven and preheat it to 350 degrees.  
Mix together oats, seed and flour in a large bowl.  
Remove the core from the apple and chop it into small pieces.  
Put the apple pieces through a blender until they're mashed.  
Stir the mashed apple through the flour mix and then stir through the molasses.  
If the mix is a little gooey, add a little bit more flour.

You should end up with a sticky dough that you can shape fairly easily.  
Use a teaspoon to scoop up enough dough to make a small ball.  
Put the dough balls onto a cookie sheet and flatten them down with the back of the spoon so that they make little patties.  
Bake the treats really well for around 30-40 minutes so they are crunchy.  
Keep a check on them so as they do not burn.