Natural Stress Relief

What is D.A.P.?

• Natural:
  DAP® is a synthetic copy of the natural canine appeasing pheromone proven to help support dogs in a range of stressful situations.

• Safe:
  DAP® is canine specific, odorless, non-sedative, and non-systemic and can be used alongside all other types of medication.

• Proven:
  The efficacy of DAP® has been demonstrated in 18 studies published in scientific journals and at veterinary conferences around the world.
  o For puppies - DAP® is shown to help puppies settle in a new home and to have significant positive effects on puppy socialization. Fitting a DAP® collar to puppies from 6-16 weeks helps puppies develop into confident, well-behaved adult dogs and significantly reduces the likelihood of anxiety-related conditions developing in later life.
  o For adult dogs - DAP® has also been shown to help dogs cope in kennels, during rehoming and in a range of other stressful situations such as during firework exposure and car travel.

• Trusted
  DAP® has been used by behaviorists, veterinary experts and welfare charities for the last 10 years

• DAP® is available in three easy to use formulations and can be used in the following situations:
  o Help promote learning during training and socialization
  o Help puppies or adult dogs settle in new homes
  o Help dogs to cope with challenging situations such as:
    o Staying in kennels
Staying home alone
- Fireworks
- Visiting the vet
- Travelling
- Christmas
- New Baby

For more information visit: http://www.dapdiffuser.com/info.html

Melatonin
- Always be sure to discuss use of Melatonin with your vet before using
- Melatonin has shown to reduce stress/anxiety
  - Please note that every dog is different and reactions can vary
- Administer Melatonin 20-30 minutes before stressful event

ThunderShirt
- How it works
  - ThunderShirt uses gentle hugging to calm your dog or cat. With its patented design, ThunderShirt’s gentle, constant pressure has a dramatic calming effect for most dogs and cats if they are anxious, fearful or overexcited. Experts believe that pressure has a calming effect on the nervous system, possibly by releasing a calming hormone like endorphins. Using pressure to relieve anxiety in people and animals has been a common practice for years. Below are several examples.
    - Swaddling newborn infants
    - People with Autism use pressure to relieve anxieties
    - TTOUCH Trainers use pressure to address a wide variety of animal anxieties

For more information please visit: http://www.thundershirt.com/

Young Living Essential Oils
- Is known for easing stress and giving a sense of relaxation
• It is gentle enough to use on dogs, horses, and cats
• Can be used in essential oil diffusers or could be placed on any worn item on the dog or even placed on palm then on fur
• Can be easily diluted
• Please consult with your vet before use

For more information please visit: https://www.youngliving.com/en_US

Rescue Remedy Pet

• Rescue Remedy Pet is a combination of 5 Bach Flower Remedies to help your pet deal with stressful situations such as: going to the vet, the groomer, thunderstorms and during fireworks.
• http://www.directlyfromnature.com/Rescue_Remedy_Pet_10ml_Alcohol_Free_p/rr-pet10.htm

Through a Dog’s Ear

• Music has been clinically tested to calm dogs and in many cases reduce anxiety.
• Can be used when your dog must be left alone, or when excitement/anxiety is anticipated (thunderstorms, arrival of guests, fireworks and etc.)
• Fun Fact: Many animal shelters use music therapy to relax shelter animals (both cats and dogs)
• Through a Dog’s Ear can reduce anxieties dealing with: Fear, Barking, Separation, Aggression, Fireworks, Thunder, Hyperactivity, Loud Noises, Crate time, and Sound Phobias.
  o Please note that if you’re seeing severe behavior problems be sure to contact a professional

For more information please visit: http://throughadogsear.com/
Please note that the above methods are ways to reduce some anxieties/stress and will not work for every case. If you are seeing severe behavioral problems please contact a professional for help.